

Dr. Shuddhananda
Bharati

Songs
for
Children

Kuzhandai Inbam



ASSA
Editions

Editor's Notes

Songs for Children

Songs for Children is a tribute to the children, it is the embodied force of the future, the ones to whom the torch of life we pass on earth. Dr. Shuddhananda Bharati wrote this book for them, to welcome them in this world and to help them realize how important they are, with full of love and tenderness.

Children are open to purity and transparency in their early existence book, bringing with them the power of another world. Their words often reveal important messages. For the adults we are to be attentive. Welcome to the future of the human race.

A warm thank you to Savitri for this beautiful translation.

It is a real pleasure for me to present *Songs for Children* to you. Thank you, Dr. Shuddhananda Bharati for having transmitted *Songs for Children* to us. With the blessing of *Aum Shuddha Shakti Aum*.

Christian Piaget

Courage!

*The night is through,
The chain of slavery
It is already broken -
I am full of courage!*

*Peace in the morning,
A golden sun rises
Like a lion superhuman
To accomplish my dream.*

*A hopeful smile,
Docile as a child
Who plays in the infinite
With a fiery star.*

*My journey is over;
I enjoy time;
The universe is my nest;
Of eternal spring.*

Song of Unity

*Unite. Unite, Unite, Oh Souls
Unite and play your roles
Unite in mind, unite in heart
Unite in whole, unite in part
Like words and tunes and sense in song
Let East and West unite and live long
Trees are many; the grove is one
Branches are many: tree is one
Shores are many; sea is one
Limbs are many; body is one
Bodies are many; self is one
Stars are many; sky is one
Flowers are many; honey is one
Pages are many; book is one
Thoughts are many; thinker is one
Tastes are many; taster is one
Actors are many; the drama is one
Nations are many; the world is one
Religions are many; Truth is one
The wise are many; Wisdom is one
Beings are many; breath is one
Classes are many; college is one
Find out this One behind the many
Then life shall enjoy peaceful harmony*

Peace Anthem

*Peace for all, peace for all
For all the countries peace
Joy for all, joy for all
For all the nations joy
A rosy morning peace
A smiling summer joy (Peace for all)*

*All for each and each for all
This is the golden rule
Life and Light and Love for all
For all that live our love (Peace for all)*

*Work and food and clothes for all
Equal status for all
Health and home and school for all
A happy world for all (Peace for all)*

*No idle rich, no more beggars
All are equal workers
No more tears, no more fears
The heart is full of cheers (Peace for all)*

*No atom scare, no fat mammon
No room for war demon
Like leaves in trees, like rays in the sun
We are one communion,
One Divine communion (Peace for all)*

*The good in you is good for all
Your life is life for all
The God in you is God for all
Your love is love for all (Peace for all)*

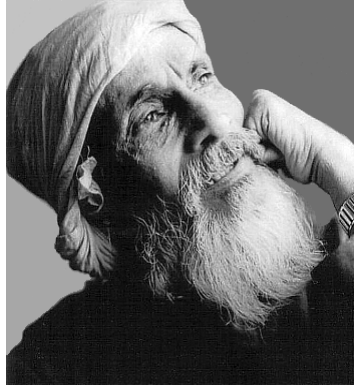
*For he or she or it or rest
This collective life is best
This Universal Life is best
North or South, or East or West (Peace for all)*

*Peace for plants and birds and beasts
For hills and streams and woods
Peace in Home - land and air and sea
Dynamic peace we see*

Peace for all, peace for all

Immortal Peace for All





Dr. Shuddhananda Bharati

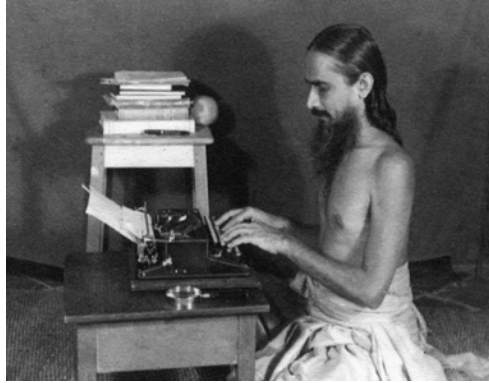
Presentation of Dr. Shuddhananda Bharati

11th May 1897 – 7th March 1990

The wise one to the cosmic age

Although more than 90 years old, in his school in the south of India, *Kavi Yogi Maharishi* (great divine visionary, wise poet), Dr. Shuddhananda Bharati worked like a young man of twenty. When he was asked his age, he answered: "My age is Courage!" The Yogi wrote several hundred works in English, French, Tamil, Hindi, Telugu and Sanskrit; five thousand songs, and fifteen hundred poems in French. The magnum opus of the man conscious of the presence of God in him, *Bharata Shakti*, (in 50,000 verses) described his ideal: only One Humanity living in communion with only One God in a transformed world! *Bharata Shakti* is a monumental and unique work. The Yogi depicts the essence of all the religions, of all the prophets and saints, all the approaches of yoga and all the cultures on an allegorical fabric. It is a book for any age which all spiritual researchers and all nations should read and meditate on. His commitment is summarized in his book celebrating his life, *Pilgrim Soul*. The three poems mentioned in the opening express perfectly his ideal. His mantra, *Aum Shuddha Shakti Aum*, nourishes our souls and guides our steps toward the inner joy *Ananda*. It means: The light of Grace and power of the pure supreme Almighty bless us of peace, happiness and prosperity! Let the beauty and greatness of soul of Dr. Bharati Shuddhananda bloom and scent the entire Earth of its divine message and his spiritual and unifying benefactor!

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Dr. Shuddhananda Bharati

Author's Notes

Songs for Children

The most important wealth among all wealths is child wealth, which is also the best wealth to have. In fact, child and mother may be considered to be divine wealth. A child is everything; the home, the nation, the world and the world's lifeline. For this reason, the upbringing of children is the primary duty of this world's denizens. Countries such as Japan, Switzerland, Russia and America have many unique arrangements in place for the upbringing of children. Mothers are accorded the topmost priority in these countries. Child-friendly gardens, playgrounds, teachers, toys, books, songs, pictures and films are available in large numbers in these countries.

This book has been written especially to develop and promote good habits and discipline in children. I have brought up many children with the help of these songs. Everyone must be able to live in a spiritually balanced environment without the restrictions of caste and religion. I have brought out these songs in a new edition with the aim to make the children of our country into strong and brave citizens. I request the readers to accept my humble offering and acquaint the children with it. I dedicate this book to the kind-hearted teachers who take care of children like mothers.

These songs of child development are suitable for adaptation in mime and dance. They can be sung in ragas such as mohanam, begasri, punnagavaraali, sankarabaranam,

arabhi, kambodhi, desh, kapi etc. and set to talas such as adhi, rupagam, jambai, thisira, ega etc. I request the teachers to make drawings based on these songs and explain them and the songs line by line to the children.

This edition is also being brought out to commemorate a special day for the children of Rajaraja Gopalan from the Balu family who is the custodian of Vadalur Yoga Samaj. This dear well-wisher is a firm believer and follower of the tenets laid down in *Yoga Siddhi (Gospel of Perfect Life)* and *Bharata Shakti*. This book was being published from the monthly contributions made by him to me. May his children shine in every field and be endowed with wealth, knowledge and long life with the blessings of divinity!

Shuddhananda Bharati
Yoga Samaj, Madras, 01.01.1978



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1. Child god

Let us salute the child god
Let us believe him to be the life of this earth
Long live lovely, lovable child, adored child
Child is the temple of happiness
Mothers live to nurture generations
Like the flute, harp and the Tamil language
So is the lisping baby language
As we continue hearing it we drink it in
Like milk and honey
And feel our hearts melt with love.

2. Little baby

Sweet little baby, beautiful baby
Baby, you walk swaying like a swan
Baby, you talk like a multi-hued parrot
Baby, you brim with happy laughter
Baby, you are Lord Muruga
Come to bless our house
Baby, you have come to bless the nation
With your wisdom
Baby, you are the divine wealth in our house
A nectar come to steal our hearts
May you flourish in life!

3. Wee baby

Wee baby - good little baby – come to me
Let us embrace and play together, wee baby
Golden baby – brave lion-hearted baby
Baby you bubble with flower-like laughter
Pearl-like baby – I am lost in you
Baby with the purest energy
The gentlest baby
Dearest baby – angelic baby
Baby, you fill my thoughts
With unalloyed sweetness.

4. I am also a child

I am also a child – baby you are also a child
The sky is a child – this country is also a child
Lisping baby – you are a tiny world of your own
Guileless baby – sweet as honey
Hold me tight – with your tiny hands
Sit in my lap – to give me heavenly bliss
With colourful flowers – I shall adorn you
Smiling angel – dearest
May you flourish in life!

5. Dawn is breaking

Dawn is breaking, parrots are calling
Wake up immediately – baby
Lisping honey baby

The crow and the sparrow are telling stories
Come running to listen to them – baby
Tell an untold story, baby
The groves and forests are full of blissful fragrances
Let us pluck flowers – baby
The honeybee is calling, baby
In this happy world let us all
Live with love for everyone
This is known to all babies.

6. Pearly teeth

Brush your pearly teeth – Wash your face
Cleanliness brings happiness – baby
Be an active child – baby
The sun has risen, let us do our work
So that it shines like pure gold, baby
Let us turn the time we have into gold, baby
Like the swan, let us bathe in the pond
Dress in clean clothes
And chant the prayer Aum in our hearts
Let us pray to the true God
In this great world the omniscient
God is everywhere and in everyone
Let us pray to Him with love baby.

7. Prayer to God

God we pray to you and chant Aum
You who belong to everyone
God we worship you and chant Aum

You are the soul of all souls
You are the embodiment of love, O Supreme Being
We adore you with love
You are the embodiment of happiness
Please give us happiness always
You are the embodiment of knowledge
We pray to you for the wealth of knowledge
Bless us to lead a life
Full of virtuosity and service in this world
May everyone speak good words, have kind feelings
Do good work and have good thoughts
With your blessings
God, you are the natural light shining everywhere.

8. Rangoli song

Let us sweep, mop and draw rangoli
And so beautify our house and
Also beautify our street!
With our anklets and bangles jingling
Let us draw auspicious rangoli –
To welcome our beloved husbands!
Let us draw flowers and fruits with rice flour
Dear friend – let us place flowers on them and rejoice
This wondrous art of creating beauty
Is a joy to practise
And also a joy to behold
Let us polish the vessels to a glittering shine
And groom our bodies to a golden hue.

9. Come running

Come running dearest child – come running
Come running with your laughter to gladden the heart
Come dancing honey child – come dancing
Come dancing like the joyous peacock
Come hopping like the spotted deer
Come softly to steal my love
Like sugar candy and sweet fruit juice
Like creamy milk and honey – sweet nectar
Come running with your words to soothe the mind
Come running just like Muruga with his glowing trident.

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Editions ASSA

Grand'Rue 180 – 1454 L'Auberson – Switzerland

Phone : +41 (0) 24 454 47 07

Fax : +41 (0) 24 454 47 77

Email : info@editions-assa.ch

Web : www.editions-assa.ch
