

Dr. Shuddhananda  
Bharati

Shuddhananda Melarnavam  
72 Mela Kartha Ragas



ASSA  
Editions

## Editor's notes

Kavi Yogi Shuddhananda Bharati practised silent, lonely penance for about thirty years and gained the fruits of experience with many holy legends. He practised the yogas of Karma, Bhakti, Jnana, Raja, Tantra, Yantra and Mantra. He is well versed in Vedagama, Siddhantha, Jaina, Bouddha, Jewish, Christian, Islamic, Chinese, and Japanese religious concepts. He founded Sama Yoga to find the mental peace and material delight for the world's people and is still doing service.

He has offered all his body, wealth and life energy in the Yagna. In Sholapuram, the Yoga Samajam has arisen in an area of thirty-two acres.

There, the penance cottage of Shuddhananda supplies the electricity of *Aum Shuddha Shakti Aum*.

Shuddhananda Bharati National School (Subhadevi) teaches the students according to the needs of the age. It is moving step by step to develop the beautiful places, industries, Sama Yoga centres, printing press, Sama Yoga journal centres, marriage halls, a region for serving people, agriculture and management.

This is to bring into being the aim of the penance of Kavi Yogi, that the world should live as one divine family. Shuddhananda is the author of 200 books.

His *Bharata Shakti*, *Yoga Siddhi* and music-drama dance books are very popular. He is a Sama Yoga Siddha. His intellect is without creed of caste and religion. He is a cosmic messenger echoing the Sama Yoga throughout the

world. As the country and people inspired him, so the world will take his inspiration and benefit. He is an integrated and spiritual man, who has love and bliss. Let us also share that wealth!

Aum Shuddha Shakti Aum.

Thank you to S. Ram Bharati for recording these 72 Melagartams in 1997 in Chennai, and for translating the text.

These 72 Melagartams are sung by Pandit Dr. Mangalam-palli Balamurali Krishna, a great Indian Carnatic vocalist, multi-instrumentalist, playback singer, composer and actor. He was awarded the Padma Vibhushan, India's second-highest civilian honour, for his contribution towards Indian art. He was made Chevalier of the Ordre des Arts et des Lettres by the French Government in 2005.

We can find these 72 Melagartams on five CDs by Editions ASSA in L'Auberson.

Warm regards and respect,

Christianananda Bharati

It is a real pleasure for me to present *Shuddhananda Melarnavam* to you. We have so much to learn from this beautiful music! Thank you to Dr. Shuddhananda Bharati for having transmitted *Shuddhananda Melarnavam* to us. With the blessing of *Aum Shuddha Shakti Aum*.

Christian Piaget

## Author's notes

### Shuddhananda Melarnavam

The light of affection to Shuddha Shakti! I am always delighted by your blessing! With devotion, to have success, the Melarnava mala in the world gives us the thala raga attraction.

My life has passed with meditation, songs, loneliness and delight since the age of five. Knowing this, Poornananda Bharati heard my songs and inspired me. He is brother to my maternal grandfather. He went to the Himalayas at a young age and attained Atmic status. His mentor, a great sage called Jnana Siddha, trained me in Shuddha equiyogic practices. I meditated at the feet of Swami Siddharoodar, Shirdi Say Baba, Bhagwan Ramana Maharshi and Pooranayogi Aurobindo and developed the equi-yoga power. This power gave the inner inspiration and called me to sing. I made the songs as the practice of worship. What I learnt, heard and knew; everything is the blessing of Shuddha Shakti Paramatman.

I lived obediently in the surroundings of *Vedas*, *Devaram Thiruvvasaga*, *Thiruppukal* and the music songs. My elder brother J. V. Ram, my parents, brother of my father Hari Theerthar, people of Bajana mutt, the festival singer, everybody presented the feast of music to me. Hearing these, with the Mantra *Aum Shudha Shakti* in the mind, I danced with an ecstatic mood. All the music feasts, awarded by Ramanathapuram Srinivasa Iyenger, Madhurai Ponnusamy, Sivagangai Mayandi, Pushpavanar, Koneri Rajapuram Vaidhinathar, Veena Dhanammal,

Flute Sanjeevi Rao, Sesa Bhagavathar, Mutthiah Bhagavathar, Narasimha Bhagavathar, Dharasatha Rama Bhagavathar, Ramadoss Bhagavathar, Venkata Rama Bhagavathar, my mother Kamakshi Ammal, my grand-mother Meenakshi Guruvammal, who served to Thyagaraja swami, the drama lyrician Janakiramar and Kaliyana Sundarar, created songs within me. Many musical books like *Sangeethanjali*, *Vishnugeetham*, *Shakti Paravasam*, *Jeevanatham*, *Kaviyinbak Kanavukal*, *Kuzhanthai Inbam*, *Murugan Arul*, *Puthia Thamizhagam*, *Puthumaip Padal*, and *Natananjali* arose. I, with the blessings of the Lord, learnt the languages of Tamil, Sanskrit, English, French, Hindi and Telugu.

Mostly, my life flourished in meditation and silent trance. I enjoyed my dance-drama literary works by dancing them myself. A great amount of art wealth developed during my silent trance experience of more than thirty years. Lord Nataraja himself is my teacher and boss. He brought movement to my songs. Vallal Raja and Sir Annamalai Chettiar appreciated my songs for spreading Tamil music. As the music birds, M. S. Subbulakshmi, Vasantha Gokilam, Kittammal, Vasanthakumari, Tiger Varadhachari, Veena expert Gomathy Sankara Iyer, Dhandapani Desikar, Flute Sambamoorthy, Chithoor Subramaniya Pillai, Ponnaia Pillai, Rasamanickam Pillai, Isaimurasu Govindarajan and others honed my art of silence. Isaimani K. C. Thyagarasan, Pattup pappa and others recorded my songs. In 1950, quitting Aurobindo Ashram, I started my tour of the world from the shrine of Chidambaram Lord Nataraja. Then Swami Sivananda, who came there at that time, garlanded me and appreciated my achievements. He

told me: "The world should hear the voice of Shuddhananda. Go to the West." I started my speech with "Aum Shuddha Shakti Aum Sivam" at Chidsaba. I sang Nataraja Upasana. Next day, I got the opportunity to speak on the function of Chettinattu Raja Thirunal at the Sastri Auditorium, Annamalai University. I found a place on the art association committee. The music department accepted my Keerthanas and published them with tunes. Gomathy Sankara Iyer set swaras to my songs and released these in the monthly journal, *Bharata Shakti*. He put tunes to my Mela raga Keerthanas and recited them. Melarnavam was sleeping in my art treasury for a long time. Finally, I sent it to Chennai Iyal Isai Nataka Mandram. The Academy President, Arignar Gokulakrishnar presented it before the team of experts. It was appreciated and half of the funding came to me.

To stage the rare art wealth of everliving Tamil, Kalaignar Gokula Krishnan, who is doing the art service with love, helped with this happy fund from the Academy. With this fund, and with the blessing of the Almighty, this book will come into the world's vision. Thanks to the Academy, thanks!

Sangeetha Vidhwan, Thiru T. S. Ratha Iyenger was singing the Mela Raga Mala. I enjoyed hearing his voice on the radio. I participated as a member of the Delhi Yoga Science Committee and Bharata Sadhu Samajam. Then I earned his friendship. I used to go to Delhi frequently. I heard and saw that he was composing tunes to Mela Raga Kartha and teaching them to his students. I recorded these. Thanks to this Pulavar.

Delhi musician Thiru T. S. Raghavan had a sweet voice, and broadcasted on radio. He was born on 27-3-1928 and obtained music proficiency by the age of 15 years. As a student, he learnt from Vanadi Krishna Iyer, and Ariyakkudi Ramanuja Iyenger. He studied at Chennai Music College for two years. Then Professor Bala Krishna Iyer himself corrected this print copy and presented the introduction. Many thanks for the unlimited help.

Raghavan performed beautiful music programmes in Bombay, at Delhi Radio and now works as music professor in Delhi University.

I extend my thanks to this sangeetha sigamani for composing tunes to my songs and giving voice to my art of silence. He has my full work of music. I pray for the blessings of the Goddess of Music for him to create music for more of the songs and spread the music in all directions.

To grow the music art wealth throughout the country, to develop the incomparable Tamil language, to grow the works of dance and song experts, let the blessings of the Lord, who makes all of us dance, guide us.

Yoga Samajam,

Adyar, Chennai 20

1-10-1979

Kavi Yogi Dr. Shuddhananda Bharati







## Foreword

Thillaikkootthan is blessed by his beloved devotees as 'knowledge of all knowledge', giving endless delight and, like a tree, sheltering all learned people under his branches. The people who enjoy the affection at his holy feet will attain the balance of twin karmas and liberation from lust and receive eternal bliss. Kavi Yogi Shuddhananda Bharati is such a delightful, blessed man. He is like ripened fruit, taking the bliss of the dancer in the mind. He practised song as the guidance of life. Sage Shuddhananda sings for the sake of integrated spiritual enlightenment. We also attain great delight when we sing the song of this aged mentor. This type of great pleasurable delight is presented by Shuddhananda Melarnavam.

72 Mela Kartha ragas are the main root of our Carnatic music. Sri Thyagaraja and Muthuswamy Dhikshitar presented mela raga geerthanas in Telugu and Sanskrit. In 1932 Koteeswara Iyer (Kavi Kunjara Dasar) published 72 Melakartha geerthanas in the name of Suddha Ganamudham. Kavi Yogi Shuddhananda Bharati has performed the worship of singing since the age of five. In 1958, he participated in the Annamalai University musical concert and explained the Melarnavam in such a way as to be praised by Gomathy Sankara Iyer and Dhandapani Desikar. The Melarnavam of Shuddhananda (the Sea of Mela raga), which sprang out of many songs of musical legends, bears raga mudras in a beautiful way and includes the meaningful depths.

It is appropriate that a Delhi University music teacher has set swaras to these melarnava songs. The varnamettu of Raghavar is very attractive. We appreciate the composition, which is perfectly matched to the great sahithya.

This book, which explains well the definitions of Mela Kartha ragas, will be more useful to students of music.

If such songs are sung in concerts, they will raise spiritual awakening in the minds of the listeners.

As Thiru Jnana Sambandar says: "Lord Siva becomes the song; the seven syllables, the sounds of Tamil; the taste residing within; supporting different music sounds and the sky."

The 2500 Keerthanas, presented by Kavi Yogi Shudhananda, who is blessed by Lord Siva, are divine offerings to us. I pray to Lord Nataraja Siva for the solitary life of this worthy old mentor, to live long and give spiritual awakening to the minds of worldly men.

Dr. S. Seetha  
Chennai University  
Music Department Headmaster  
Dr. S. Seetha LMITT. PHD

## Appreciations

King of Music, Dhandapani Desikar

Shuddhananda Bharati, in Annamalai University Music Chamber, performed many rare services. He explained his Melarnavam in such a sweet way. I sing his songs with spirit. Shuddhananda is a blessed poet and musician.

Maestro Chithoor Subramaniya Pillai

I sing the songs of Kavi Yogi Shuddhananda Bharati with interest. I teach them to my students also. His Melarnavam is the peak of his geerthanas.

Dr. Madhurai Somu Avarkal

Kavi Yogi Shuddhananda Bharati is a blessed lyrician. I sing his songs with excitement. His Melarnavam is the peak of his sahithyas. It is very dear to the music students. I request the Government and the people should appreciate the legend that is Kavi Yogi Shuddhananda Bharati.

Kavimani Desiga Vinayagam Pillai

Say, is there any person who has not eaten the feast of songs presented by popular scholar Kavi Yogi Shuddhananda Bharati, who brings the candy, fruits, the juice of sugar cane all in the form of Tamil? He has a poetic mind like Kamban; he is the presenter of the great literary work *Bharata Shakti*, which is praised by the entire world.

Rasikamani T. K. Chithambaranatha Muthaliar

The poetic excellence of Swami Shuddhananda Bharati is the life meridian to the maturity and youthness of Tamil.

Vidhwan Gomathy Sankara Iyer

I am delighted with this song recital of tunes composed to the miraculous Keerthanas of Kavi Yogi Shuddhananda Bharati. All are blessed words, which blossomed in the *Yoga Siddhi*.



Shuddhananda Bharati singing Melakarthas



## Introduction

I have known Kavi Yogi Maharishi Shuddhananda Bharati for a long time. He is a born yogi, a born lyrician. His life is full of cascades of divine poems. He has been worshipping the Lord by songs since the age of seven. His poems and musical songs are popular everywhere. He is a poet not only in Tamil, but in all the languages of Telugu, Hindi, Sanskrit, English, and also French. He worshipped the Lord of mind with a flood of poems without a gap. Melarnavam is also one of such worshipping songs. Melarnavam comprises meaningful songs of 72 Melakartha ragas.

Kavi Yogi served in the music department of Annamalai University. Then, the sangeetha vidhwans came to know his musical power and were delighted. His songs became popular everywhere. These Melarnava geerthanas are the best of his music songs. I have tasted these by singing and singing. The words are so sweet; the meanings are very deep. These Melarnava Keerthanas are treasures, having the full beauties of musical art.

My student in Delhi, T. S. Raghavan has done solid and minute swara sahithya to these geerthanas. I was delighted to see that with diligent interest. I would go to Delhi frequently for musical service. At those times, I would enjoy the tunes of Thiru Raghavan. His students sing the Melarnava Keerthanas in a sweet way. Kavi Yogi has recorded them.

May this rare work be popular everywhere. I heartfully say this is a great service to Tamil music. May the art wealth of Kavi Yogi live long.

Let delight surround us, everybody living!

Music Professor P. Balakrishnan

[He is a great music teacher, who worked in Chennai Music College and Thirupathy Dance and Song College]



## Courage!

*The night is through,  
The chain of slavery  
It is already broken -  
I am full of courage!*

*Peace in the morning,  
A golden sun rises  
Like a lion superhuman  
To accomplish my dream.*

*A hopeful smile,  
Docile as a child  
Who plays in the infinite  
With a fiery star.*

*My journey is over;  
I enjoy time;  
The universe is my nest;  
Of eternal spring.*

## Song of Unity

*Unite. Unite, Unite, Oh Souls  
Unite and play your roles  
Unite in mind, unite in heart  
Unite in whole, unite in part  
Like words and tunes and sense in song  
Let East and West unite and live long  
Trees are many; the grove is one  
Branches are many; tree is one  
Shores are many; sea is one  
Limbs are many; body is one  
Bodies are many; self is one  
Stars are many; sky is one  
Flowers are many; honey is one  
Pages are many; book is one  
Thoughts are many; thinker is one  
Tastes are many; taster is one  
Actors are many; the drama is one  
Nations are many; the world is one  
Religions are many; Truth is one  
The wise are many; Wisdom is one  
Beings are many; breath is one  
Classes are many; college is one  
Find out this One behind the many  
Then life shall enjoy peaceful harmony.*



## Peace Anthem

*Peace for all, peace for all  
For all the countries peace  
Joy for all, joy for all  
For all the nations joy  
A rosy morning peace  
A smiling summer joy (Peace for all)*

*All for each and each for all  
This is the golden rule  
Life and Light and Love for all  
For all that live our love (Peace for all)*

*Work and food and clothes for all  
Equal status for all  
Health and home and school for all  
A happy world for all (Peace for all)*

*No idle rich, no more beggars  
All are equal workers  
No more tears, no more fears  
The heart is full of cheers (Peace for all)*

*No atom scare, no fat mammon  
No room for war demon  
Like leaves in trees, like rays in the sun  
We are one communion,  
One Divine communion (Peace for all)*

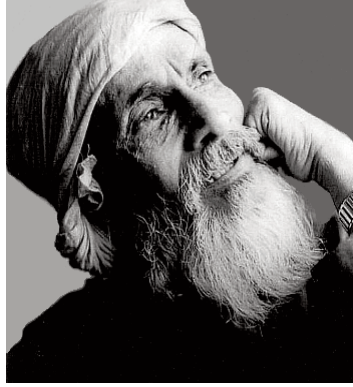
*The good in you is good for all  
Your life is life for all  
The God in you is God for all  
Your love is love for all (Peace for all)*

*For he or she or it or rest  
This collective life is best  
This Universal Life is best  
North or South, or East or West (Peace for all)*

*Peace for plants and birds and beasts  
For hills and streams and woods  
Peace in Home - land and air and sea  
Dynamic peace we see*

*Peace for all, peace for all*

*Immortal Peace for All*



Dr. Shuddhananda Bharati



# Presentation of Dr. Shuddhananda Bharati

11<sup>th</sup> May 1897 – 7<sup>th</sup> March 1990

## The wise one to the cosmic age

Although more than 90 years old, in his school in the south of India, *Kavi Yogi Maharishi* (great divine visionary, wise poet), Dr. Shuddhananda Bharati worked like a young man of twenty. When he was asked his age, he answered: "My age is Courage!" The Yogi wrote several hundred works in English, French, Tamil, Hindi, Telugu and Sanskrit; five thousand songs, and fifteen hundred poems in French. The magnum opus of the man conscious of the presence of God in him, *Bharata Shakti*, (in 50,000 verses) described his ideal: only One Humanity living in communion with only One God in a transformed world! *Bharata Shakti* is a monumental and unique work. The Yogi depicts the essence of all the religions, of all the prophets and saints, all the approaches of yoga and all the cultures on an allegorical fabric. It is a book for any age which all spiritual researchers and all nations should read and meditate on. His commitment is summarized in his book celebrating his life, *Pilgrim Soul*. The three poems mentioned in the opening express perfectly his ideal. His mantra, *Aum Shuddha Shakti Aum*, nourishes our souls and guides our steps toward the inner joy *Ananda*. It means: The light of Grace and power of the pure supreme Almighty bless us of peace, happiness and prosperity! Let the beauty and greatness of soul of Dr. Bharati Shuddhananda bloom and scent the entire Earth of its divine message and his spiritual and unifying benefactor!

Editions ASSA



Aum Shuddha Shakti Aum  
Shuddhananda Melarnavam

Ocean Symphony

72 Melakartams

Composed by Kaviyogi Maharshi Suddhanandha Bharati

Explanation on Mela Ragas

Here are the 12 swaras spots and 16 names of the swaras, used in 72 Mela Kartha Ragas.

Shadjama – Sa

Shuddha Rishabha – Ri1=Ra

Chathusruthi Rishabha – Ri2' Ri=Shuddha Ganthara ; Ga

Shadsruthi Rishabha – Ri3, Ru' Sadharana Ganthara ; Gi

Shuddha Gantharam – Ga1 ; Ga=Chathusruthi Rishabha ; Ri

Sadharana Ganthara – Ga2 ; Gi=Shadsruthi Rishabha ; Ru

Anthara Ganthara – Ga3 ; Gu

Shuddha Madhyama – Ma1 ; Ma

Prathi Madhyama –Ma2 ; Mi

Panjama – Pa

Shuddha Dhaivatha – Tha1 ; Tha

Chathusruthi Dhaivatha – Tha2 ; Thi= Shuddha Nishadha ; Na

Shadsruthi Dhaivatha ; Tha3 ; Thu = Kaisiki Nishadha ; Ni

Shuddha Nishadha – Ni1 ; Na = Chathusruthi Dhaivatha ; Thi

Kaisiki Nishadha – Ni2 ; Ni = Shadsruthi Dhaivatha ; Thu  
 Kakali Nishadha – Ni3 ; Nu

The Keerthanas and set up of ragas are given based on the complete Mela sequence. When the vivaadhi swaras are involved, it will be sweet to sing by expanding one and contracting the other. Sometimes, it may come as varjam. To develop melody, if you sing the vivaadhi swaras one from the top and another from the bottom, it will increase the attraction. For this, you have to move and hold the vivaadhi swaras.

S1	Shudha Mathyamam	Swarabetha details			
no.	Mela Ragas 72 Names	Ri	Ga	Tha	Ni

### 1. Indu Chakra

1	Kanagangi	Su	Su	Su	Su
2	Rathnangi	"	"	"	Kai
3	Ganamoorthy	"	"	"	ka
4	Vanaspathi	"	"	"	kai
5	Manavathi	"	"	"	ka
6	Dhanaroopi	"	"	Sha	ka

### 2. Netra Chakra

7	Senavathi	"	Saa	Su	Su
8	Hanumad Thodi	"	"	"	Kai
9	Thenuka	"	"	"	ka
10	Natakapriya	"	"	"	kai
11	Gokilapriya	"	"	"	ka
12	Roopavathy	"	"	Sha	ka

### 3. Agni Chakra

13	Gayakapriya	“	A	Su	Su
14	Vakulhabharanam	“	“	“	Kai
15	Maya Malhava Gowlha	“	“	“	ka
16	Chakravakam	“	“	“	kai
17	Sooryagantham	“	“	“	ka
18	Hatakaambari	“	“	Sha	ka

### 4. Veda Chakra

19	Jangaradhwani	Sa	Saa	Su	Su
20	Natabhairavi	“	“	“	Kai
21	Keeravani	“	“	“	ka
22	Karaharapriya	“	“	“	kai
23	Gowrimanohari	“	“	“	ka
24	Varunapriya	“	“	Sha	ka

### 5. Bana Chakra

25	Maaraanjani	“	A	Su	Su
26	Charukesi	“	“	“	Kai
27	Sarasaangi	“	“	“	ka
28	Harikambodhi	“	“	“	kai
29	Dheera Sankarabharanam	“	“	“	ka
30	Nagaanandhini	“	“	Sha	ka

### 6. Ritu Chakra

31	Yagapriya	Sha	“	Su	Su
32	Ragavarddhani	“	“	“	Kai
33	Gangeya Bhooshani	“	“	“	ka
34	Vagadheeswari	“	“	“	kai



35	Shoolini	“	“	“	ka
36	Salanaata	“	“	Sha	ka

### 7. Rishi Chakra

37	Salakam	Su	Su	Su	Su
38	Jalarnavam	“	“	“	Kai
39	Jaalavaralhi	“	“	“	ka
40	Navaneetham	“	“	“	kai
41	Bhaavani	“	“	“	ka
42	Ragupriya	“	“	Sha	ka

### 8. Vasu Chakra

43	Kawambodhi	“	Saa	Su	Su
44	Bhavapriya	“	“	“	Kai
45	Subha Bhandhuvaralhi	“	“	“	ka
46	Shadvidha Margani	“	“	“	kai
47	Suvarnaangi	“	“	“	ka
48	Divyamani	“	“	Sha	ka

### 9. Brahma Chakra

49	Thavalhambari	“	A	Su	Su
50	Naana Narayani	“	“	“	Kai
51	Kamavarddhani	“	“	“	ka
52	Ramapriya	“	“	“	kai
53	Gamanashrama	“	“	“	ka
54	Vishwambhari	“	“	Sha	ka

### 10. Disi Chakra

55	Shyamalhangi	Sa	Saa	Su	Su
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56	Shanmugapriya	“	“	“	Kai
57	Simhindhra Madhyamam	“	“	“	ka
58	Hemavathy	“	“	“	kai
59	Dharmavathy	“	“	“	ka
60	Neethimathy	“	“	Sha	ka

### 11. Rudra Chakra

61	Ganthamani	“	A	Su	Su
62	Vrishabhapriya	“	“	“	Kai
63	Lathaangi	“	“	“	ka
64	Vaasaspathy	“	“	“	kai
65	Mesakalyani	“	“	“	ka
66	Chithrambhari	“	“	Sha	ka

### 12. Aditya Chakra

67	Sucharithra Sha	“	“	Su	Su
68	Jyothiswaroopini	“	“	“	Kai
69	Thadhuvarddhani	“	“	“	ka
70	Naasikaa Bhooshani	“	“	“	kai
71	Kosalam	“	“	“	ka
72	Rasikapriya	“	“	Sha	ka





With the blessing of Dr. Shuddhananda Bharati



# The pure bliss of the ocean of symphony

## Benediction

### 0. Om Ganapati! Om Pasupati! Om Saraswati!

Om Ganapathi Om 5.03

Ragam Mayamalagowla, Talam Rupakam

Om gaNapati Om.

mAyAmaALavagauLa. rUpakam

Raga – Mayamalagowla

Tala – Rupakam

Obeisance to you all. Bless me to sing your praise in the entire world and worship you. Let me imbibe the grace of the knowledge of love through the sound of Aum, comprising the letters A.U.M. Let me celebrate the pure bliss, like the cascading divine Ganga, of the sound of music. Bless me to excel by granting me the boon of the ocean of symphony which dazzles like a flame on a summit and which imparts the knowledge to make me happy in this world and the next.

(Note: the Sankrit word Om when split, comprises the sound A.U.M.)

A – Akara

U – Ukara

M – Makara

## The Supreme One, Aum

### **Supreme Light and Life of life He is, The inseparate One, Fullness of Bliss.**

Yogis in perfect self-identity realise the Supreme as the primordial all-creating sound, Aum, as the supreme light of knowledge, as the One Life by which all things live and move and have their being and as the abundance of inborn delight which is never separable from life.

Aum is the essence of the scripture. It creates forms and gives them names. It combines three sounds – A, U and M.

**A** is the starting point of all letters in all languages. It represents the Almighty Sat, the true Existence.

**U** is Chit (Consciousness), the Universal Force (Shakti) of the Supreme One which sports as beings.

**M** stands for the manifestation of God in the individual soul as Bliss. His Supreme truth-light expands into the bliss of universal existence through self-conscious force or cosmic energy. This is the meaning of Aum.

Yogis in deep meditation see the divine light shining betwixt their brows. God is the Light of all luminaries - the sun, the moon, the stars, the flaming fire and other effulgences. Bliss is inseparable from the spirit of Man. It is pervaded by God who is Bliss. To know Him, to feel Him, to keep self-identity intact, makes life a continuous delight. To forget Him in the ignorance of egoism is misery. He, the sound and the light, the eternal truth, is in us as pure delight. Let us know Him thus and live in Him. Extract from the *Gospel of Perfect Life*.

1. **Kanagangi: Sa Ri1 Ga1 Ma1 Pa Tha1 Ni1 Ss**

Ullam Urugi Urugi 3.44

Ragam Kanakangi, Talam Aadhi

uLLam urugi urugi anbu.

kanakAngi. Adi

Raga – Kanakangi

Tala – Adi

This is a Moorchana Mela. The rishabha moorchana of this is Kamavarddhani (51). This is first Melaraga. The code letter of this is Indhu-Pa. This is a very sweet one to start from base Shadjama. Time of Vilamba is suitable to this. Please travel from Mantra Nishadha to Thara Madhyama.

O, Almighty! Will not my heart melt completely and flow in flood of love, benefit of false illusions and fantasies as well as the anguish of anxieties? Oh dazzling flame of Grace, naked in gold, blending vision and thought! You are like the cascade formed by the sun on the firmament, you are like the row of lamps of instant-flowing electric current.

## 2. Rathnangi: Sa Ri1 Ga1 Ma1 Pa Tha1 Ni2 Ss

Nimmadiyâna Nenjhirile 3.52  
Ragam Rathnangi, Talam Aadhi

nimmadiyAna nenjinilE.  
rathnAngi. Adi

Raga – Ratnangi  
Tala – Adi

Second Moorchana Raga. The rishabha madhyama moorchana is Gamanashrama (53). It is also Jangaradhvani (19) It would be attractive to start from base Shadjamam i.e., Thara Shadsham. The travel would be prolonged from Mantra Nishadha to Thara Madhyamam.

O, Supreme Being! Shall I not think of you with a peaceful frame of mind everyday, devoid of the pangs created by a harsh moon or the infructuous temptations of the mind? O, dancing Natarajan, clad in a robe of nine gems! O, preceptor in the flesh of pure consciousness! O, personification of all that is good! You are like the Perfect Being with the smile of the golden dawn. You are like the glowing grace of beauty of the orchard with the melody of the koel.

3. **Ganamoorthy: Sa Ri1 Ga1 Ma1 Pa Tha1 Ni3 Ss**

Nambivazghiren Nambanai Uneye 3.10

Ragam Ganamurthi, Talam Aadhi

nambi vAzghirEn nambinEn unaiyE.  
gAnamUrti. Adi

Raga – Ganamurthi

Tala – Adi

Indhu-Ko. This is Moorchana mela. Its Ri=Vishwambhari (54); Ma=Shyamalangi (55). It has the travel from Ganthara to Thara Madhyamam.

O, friend! I continue to live, placing my faith in you; do protect my mind all the time from getting enmeshed in the net of tormenting illusions. O, the sole Lord and the God of Pure Yoga, who bestows the grace of never denying anything! O, the incarnation of music! Pour out honeyed melody through the flute, which is the soul of dance. The meaning of Gana Murti, gana represents the soul, then the soul sings.



#### 4. Vanaspathi: Sa Ri1 Ga1 Ma1 Tha2 Ni2 Ss

Kapatra Tharunam Idhar 4.38  
Ragam Vanaspathi, Talam Aadhi

kAppaTra taruNam iDar.  
vanaspati. Adi

Raga – Vanaspati  
Tala – Adi

Indhu-Poo; this is a Moorchana Karaka Mela. It's Ma=Maararanjani (25). It is nice and attractive to start from the centre of Madhyama. You can travel from Shadjama to Thara Madhyama.

Live or (ocean) – O, consort of Parvati and treasure house of compassion! This is just the right moment to hear me; please cast your side-glances at me. You are competent to remove the burden of the entire earth; but is there no refuge for my trivial self! O, Lord of all sentiment beings! O, Lord seated in the heart! O, venerable Lord! O, Lord of felicity! O, Ganapati! You are the sole supreme resort of the tree shaking with the blossoms of poesy. (A pun is intended on the word Vanaspati, which is the name of the raga which also means a tree, the tree of knowledge).

5. **Manavathi: Sa Ri1 Ga1 Ma1 Pa Tha2 Ni3 Ss**

Manavathiyai Iruppai 3.10

Ragam Mânnavathi, Talam Aadhi

mAnavatiyAi iruppAi.

mAnnavati. Adi

Raga – Manavati

Tala – Adi

Indhu-Ma; its Ma=Ganthamani (61). It would travel from Shadjamam to Thara Madhyamam. It is sweet to start from Madhya, Thara Shadjama and Dhaivatha.

O, mind! Be high-spirited and think of the Lord of Wisdom and Supreme Bliss. Join passionately with mind, speech and body the trance consort of salvation appearing in your trance. Be not blighted by too much desire for wealth or by getting trapped in the net of lustful glances; that infatuation would be avoided. Be faithful and chaste to the Supreme God and be agreeable to Him; this is the best console. (Manavati, the name of the raga, also means a high-spiritual woman).

6. **Dhanaroopi: Sa Ri1 Ga1 Ma1 Pa Tha3 Ni3 Ss**

Thâna Rupam Aduve 5.38

Ragam Thânarupi, Talam Mishra Chapu

tAna rUpam aduvE.

tAnarUpi, mishra cApu

Raga – Danarupi

Tala – Mishra Chapu

Indhu-Sha. No Moorchana. You can travel from central Shadjama to Thara Ganthara. With the usage of “GaMaPaThaaPaMaGa” “NiSsRiSsNiThaa”, it would be attractive and beautiful.

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Editions ASSA

Grand'Rue 180 – 1454 L'Auberson – Switzerland

Phone : +41 (0) 24 454 47 07

Fax : +41 (0) 24 454 47 77

Email : [info@editions-assa.ch](mailto:info@editions-assa.ch)

Web : [www.editions-assa.ch](http://www.editions-assa.ch)

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