

Dr. Shuddhananda  
Bharati

Elucidation  
of  
religion

Samaya Vilakkam



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## Preface

# Elucidation of religion

Religion plays an important role in the cultures of our world. Belief in a Superior Force and the behaviours and practices that relate humanity to this Force is what unites mankind, and also what defines its differences. In *Elucidation of Religion*, Kavi Yogi Maharishi Dr. Shuddhananda Bharati informs us of the basic nature of religion and the journey the human soul must follow to achieve true bliss and union with God. He imparts and explains to us the practices and rituals that guide us along this sacred pathway, and how we may overcome the obstacles our human nature places in our way. Those seeking to understand and follow the pure path of virtue will welcome this work.

Phyl Stewart

## Editor's Notes

A warm thank you to Savitri for the beautiful and painstaking translation and to Phyl Stewart, for the preparation of this book and for the preface. They have, with their meticulous work, been able to help me to express fully the thoughts of Kavi Yogi Maharishi Dr. Shuddhananda Bharati about the *Elucidation of Religion*.

It is a real pleasure for me to present *Elucidation of religion* to you. Thank you, Kavi Yogi Maharishi Dr. Shuddhananda Bharati for having transmitted *Elucidation of religion* to us. With the blessing of *Aum Shuddha Shakti Aum*.

Christian Piaget

## Courage!

*The night is through,  
The chain of slavery  
It is already broken –  
I am full of courage!*

*Peace in the morning,  
A golden sun rises  
Like a lion superhuman  
To accomplish my dream.*

*A hopeful smile,  
Docile as a child  
Who plays in the infinite  
With a fiery star.*

*My journey is over;  
I enjoy time;  
The universe is my nest;  
Of eternal spring.*

## Song of Unity

*Unite. Unite, Unite, Oh Souls  
Unite and play your roles  
Unite in mind, unite in heart  
Unite in whole, unite in part  
Like words and tunes and sense in song  
Let East and West unite and live long  
Trees are many; the grove is one  
Branches are many; tree is one  
Shores are many; sea is one  
Limbs are many; body is one  
Bodies are many; self is one  
Stars are many; sky is one  
Flowers are many; honey is one  
Pages are many; book is one  
Thoughts are many; thinker is one  
Tastes are many; taster is one  
Actors are many; the drama is one  
Nations are many; the world is one  
Religions are many; Truth is one  
The wise are many; Wisdom is one  
Beings are many; breath is one  
Classes are many; college is one  
Find out this One behind the many  
Then life shall enjoy peaceful harmony*

## Peace Anthem

*Peace for all, peace for all  
For all the countries peace  
Joy for all, joy for all  
For all the nations joy  
A rosy morning peace  
A smiling summer joy (Peace for all)*

*All for each and each for all  
This is the golden rule  
Life and Light and Love for all  
For all that live our love (Peace for all)*

*Work and food and clothes for all  
Equal status for all  
Health and home and school for all  
A happy world for all (Peace for all)*

*No idle rich, no more beggars  
All are equal workers  
No more tears, no more fears  
The heart is full of cheers (Peace for all)*

*No atom scare, no fat mammon  
No room for war demon  
Like leaves in trees, like rays in the sun  
We are one communion,  
One Divine communion (Peace for all)*

*The good in you is good for all  
Your life is life for all  
The God in you is God for all  
Your love is love for all (Peace for all)*

*For he or she or it or the rest  
This collective life is best  
This Universal Life is best  
North or South, or East or West (Peace for all)*

*Peace for plants and birds and beasts  
For hills and streams and woods  
Peace in Home - land and air and sea  
Dynamic peace we see*

*Peace for all, peace for all*

*Immortal Peace for All*

# Presentation of Dr. Shuddhananda Bharati

11<sup>th</sup> May 1897 – 7<sup>th</sup> March 1990

## The wise one to the cosmic age

Although more than 90 years old, in his school in the south of India, *Kavi Yogi Maharishi* (great divine visionary, wise poet), Yogi Dr. Shuddhananda Bharati worked like a young man of twenty. When he was asked his age, he answered: “My age is Courage!”

The Yogi wrote several hundred works in English, French, Tamil, Hindi, Telugu and Sanskrit; five thousand songs, and fifteen hundred poems in French. The magnum opus of the man conscious of the presence of God in him, *Bharata Shakti*, (in 50,000 verses) described his ideal: only One Humanity living in communion with only One God in a transformed world! *Bharata Shakti* is a monumental and unique work. The Yogi depicts the gasoline of all the religions, of all the prophets and saints, all the approaches of Yoga and all the cultures on

an allegorical fabric. It is a book for any age which all spiritual researchers and all nations should read and meditate on.

His commitment is summarized in his book celebrating his life, *L'Ame Pèlerine (Pilgrim Soul)*.

The two poems mentioned in the opening express perfectly his ideal.

His mantra, *Aum Shuddha Shakti Aum*, nourishes our souls and guides our steps toward the inner joy *Ananda*. It means: The light of Grace and power of the pure supreme Almighty bless us with peace, happiness and prosperity!

That beauty and greatness of soul of Kavi Yogi Maharishi Dr. Bharati Shuddhananda bloom and scent the entire earth with its divine message and his spiritual and unifying benefactor!

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# Elucidation of religion

(Samaya Vilakkam)

## 1. Elucidation of religion

1. What is religion? Why is it necessary?

Religion means a spiritual path, a virtuous path designed to guide mankind to live in a spirit of harmony and unity; a pure form of yoga to enable the soul to merge with God and live.

2. Why do we state our religion? Who are we?

We are a gathering of men and women living in the shade of the celestial umbrella; we belong to the same human family; no matter to which country we belong, we are human beings. We should live in a spirit of love, grace and spiritual unity; a virtuous path will provide the support for this. Just as air is essential for life, food for hunger and cleanliness for life, religious knowledge and good conduct are indispensable for spiritual progress.

3. What are the great religions practised in the world? What are their principles?

1. Vedanta: This is based on the *Vedas*. It proclaims Tat Vam Asi (I am He), the soul is God.
2. Siddhanta: This is a pure harmonious spiritual path that lauds both the *Vedas* and the *Agamas*.
3. Buddhism: It worships Buddha; emphasizes compassion and the path of virtue.
4. Jainism: Seeks to sever past karma and attain liberation by means of rigid penance.
5. Taoism: A religion which advocates inner silence to merge with the entity within and attain tranquillity.
6. Konbudh: Konbuddha's religion; spurs one to be honest and good in the world.
7. Jaaradutram: Worships Jaaradutram as the founder; worships light; worships cleanliness.

8. Judaism: Lauds the commandments of Moses; worships Jehovah; exhorts one to do good, reposing faith in God.
9. Christianity: Hails Christ and worships the Supreme God; safeguards love, sacrifice and service.
10. Islam: Religion that worships Allah with great devotional overtones; founded by Mohammed Nabi.
11. Sikhism: Religion of the Nanaks; worships God in a formless state; promotes meditation with chanting and music.
12. Sankaram: Religion of self-knowledge that states God is one, that is everything. Non-duality.
13. Ramanujam: Visishta Advaitam advocating surrender to the Supreme God Vishnu and devotion to Him.
14. Madhvam: God and Siva are separate entities. Duality which advocates devotion to God as the way to salvation.
15. Gandhiam: The path of virtue shown by Gandhiji who nurtured Ahimsa or non-violence and truth and rendered service to the world.

16. Pure yoga: A pure virtuous path enabling everyone to live with love and grace in a spirit of spiritual unity; a divine life lived by merging the soul with Siva.

## 2. Pure yoga

4. There are so many other minor religions. But is there a religion that does not proclaim 'this yes, that no' and that absorbs everything in itself in a phased way and that can be followed by all to their advantage?

Yes, there is one: that is pure yoga or the pure path of virtue. It is also called pure Siddhanta. Many great persons nurtured and propagated this religion. There are many treatises written about it. In other religions, only one wise person's words carried weight. But pure Siddhanta carries the heart of many sages, saints, yogis and devotees. Siddhanta considers all religions as stepping stones to purify man. It has the quality of embracing and carrying every-

thing with it. Its principles and restrictions are in tune with nature. It has the *Vedas* as father, the *Agamas* as mother and yoga as its soul. It is the world's oldest religion. It was prevalent in the whole country. Even today, it relieves the suffering of thousands of people with its dynamic beauty. It is also called pure non-duality, which is based on good conduct, worship of God, pure spiritual yoga and spiritual wisdom.

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